

Mango Breadfruit Cookie

Chef Susan Taves



Ingredients

1/2 - 3/4 cup mango, pureed with
a dash of lime juice
4 Tbsp melted coconut oil, cooled
1 tsp vanilla
2 eggs
2 tsp lime juice
1/2 - 3/4 cup sugar
1 1/4 cups breadfruit flour
dash salt
1/2 tsp baking soda
1 tsp baking powder
1/4 tsp ginger powder
1/2 tsp cinnamon

Directions

*Preheat oven to 350 degrees.
Grease or line a cookie sheet with parchment.*

Mix oil, eggs and vanilla.
Add sugar. Continue to mix.
Whisk breadfruit flour, baking soda,
baking powder, ginger, cinnamon together.
Add dry mixture alternately with the
pureed mango until well incorporated.
Drop as cookies on parchment lined baking
sheet.
Bake for 8- 10 minutes.



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