

# Breadfruit Porridge with Coconut milk

*Cynthia Willis*



## Ingredients

1 cup breadfruit flour  
1 cup cornmeal  
½ cup coconut milk powder  
¾ cup brown sugar  
8 cups water  
nutmeg, cinnamon and/or  
ginger, add to taste

## Directions

Place all in a large pot.  
Add water and bring to a boil.  
Simmer 5 minutes.

Serve.  
If each child receives 6 oz., this will serve 12  
children.



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